

MEALS

When there is a workshop running, it is possible to eat lunch at ECT* downstairs in the canteen (Villa building). For this, you need to get a meal ticket in the Workshops Secretariat (Ines or Cristina) and fill it in on your entry to the canteen.

When there are no workshops running, there are no meals provided and people usually go to the nearby research institute (IRST) canteen in Povo. This is about 5 minutes by car or 10 minutes by bus # 13. Meals at IRST cost 6.24 euros (for long-term visitors, this is usually at ECT*'s charge). You can have a main course, a second course, a side dish, a salad, fruit or jogurt, a drink and a coupon for a coffee at the bar just outside the IRST canteen.

In alternative, you can have

- A second course, a side dish, bread and fruit for 3.70 euros
- A main course, fruit and bread for 2 euros

Once you arrive at the cash, show your badge or type your last name on the computer, so the person in charge can check that you are in the database of the ECT* visitors.